Omega-3s with SPMs

+ PRMs, Phospholipids & Choline

- ✓ Promotes healthy brain aging, and cellular and skin health*
- Supports a healthy, balanced inflammatory response*
- ✓ Sustainably sourced from a Norwegian wild-catch fishery
- Provides marine omega-3s, SPMs and PRMs, phospholipids, and choline
- Freshness, potency, and purity guaranteed

ega-3s



EXPO

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Best Brain-Boosting Formula

Omega-3s with SPMs blends sustainably sourced arctic herring caviar extract with fish oil concentrate, which provides naturally occurring phospholipids, specialized pro-resolving mediators (SPMs), and omega-3s. The beneficial omega-3s EPA and DHA support heart, brain, vision, joint, and immune health. SPMs support our body's defense system and assist with the natural resolution of our inflammatory response. Since many of us may not get enough omega-3s through diet alone and may have inadequate SPM production, a supplement can be a great option. Like all Carlson omega-3s, freshness, potency, and purity are guaranteed.*

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|-----------------------------|--------|----------|
| 1 Soft Gel Provides | | 2140-1a |
| Cholesterol | 20 mg | |
| Choline | 13 mg | |
| Total Omega-3 Fatty Acids | 215 mg | |
| EPA (Eicosapentaenoic Acid) | 40 mg | |
| DHA (Docosahexaenoic Acid) | 150 mg | |
| Total Phospholipids | 140 mg | |
| Phosphatidyl Choline | 110 mg | |

| Size | Code |
|---------------|------|
| 60 Soft Gels | 2140 |
| 120 Soft Gels | 2141 |







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